

# MODERN GRANDPARENTING

## Reading for Grandparents

Becoming a grandparent can be a transformative experience. If you are looking at this reading list, you are likely a new grandparent wondering what you can do to support the physical and emotional healthy development of your grandchild.

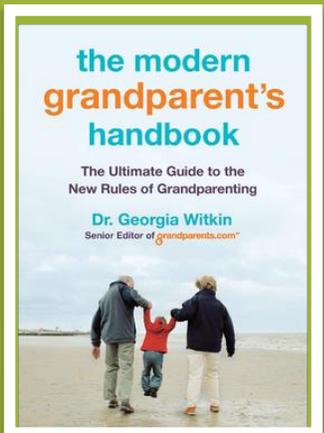
Many of us learned to be parents by taking one of two paths: either we did what our parents did or we did the opposite. If you want to be a modern grandparent, that is one who understands the new principles of parenting, this list of books provides some titles for you to consider.



*Good to be Grand.* Cheryl Harbour

Good to Be Grand is a roadmap for today's grandparent, combining the latest information about infant care—from medical developments to equipment innovations to parenting practices—with honest, down-to-earth advice and anecdotes about grandparents' special role. Harbour takes the best and most relevant information from the latest research, expert interviews, and thick parenting books and tailors it specifically for grandparents.

With a foreword by Hillary Rodham Clinton, including her personal reflections on the birth of her first grandchild, Good to Be Grand is for smart and sophisticated grandparents eager to embark on their grand-parenting journey with enthusiasm, knowledge, and confidence.



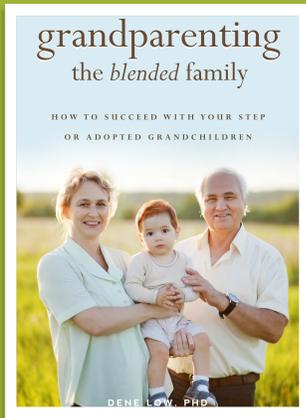
*The Modern Grandparent's Handbook* Georgia Witkin

The Ultimate Guide to the New Rules of Grandparenting

Dr. Georgia Witkin, draws on her experience as a psychiatry professor, therapist, and grandparent to help readers be the best grandparent they can be. You will learn how to contribute to your grandchild's emotional development and to deal with the secret hidden stresses of being a grandparent.

And the three things you should never say to your son or daughter-in-law.

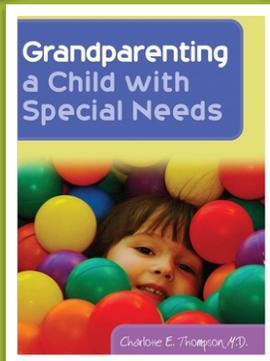
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*Grandparenting the Blended Family* Dene Low

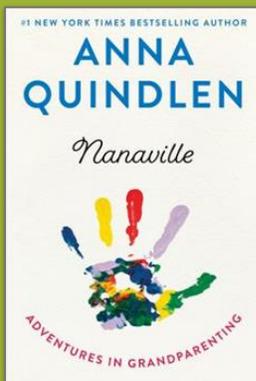
Your role as a grandparent is critical to your grandchildren, whether they be your biological grandchildren, step grandchildren, or adopted grandchildren. How do you succeed when these children are not your own? How do successful grandparents do it?

Dene Low, an award winning author and grandparent herself, explores thirty different sets of grandparents and provides tips and solutions from her interviews and research for grandparent success.



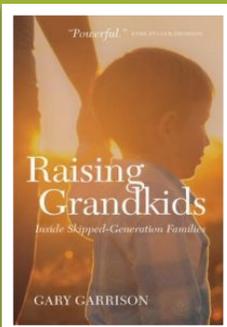
*Grandparenting a Child with Special Needs* Charlotte Thompson

When a new baby is born into a family, grandparents are excited about having a baby to enjoy and love. If the child is born with a disability, it can be difficult to know how to react and how best to help the child and the family as a whole. This book provides guidance on how to grandparent a child with special needs and give every grandchild the love and care they deserve and parents the added support they need.



*Nanaville. Adventures in Grandparenting* Anna Quindlan

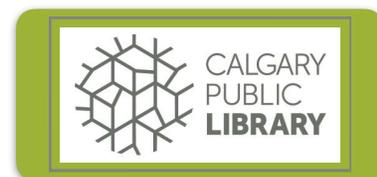
A bighearted book of wisdom, wit, and insight, celebrating the love and joy of being a grandmother. Quindlen offers thoughtful and telling observations about her new role, no longer mother and decision-maker but secondary character and support to the parents of her grandson. She writes, "Where I once led, I have to learn to follow."



*Raising Grandkids. Inside Skipped Generation Families*

Using his experience, Gary Garrison explores the joys and challenges of grandparents who are called upon to raise their grandchildren.

Read [Grandparents Raising Grandchildren](#) on our website.



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